

Psalm 70 - Psalm 70:1-5

Topics: Benefits, Confusion, Depend, Desires, Devotion, Enemies, Help, Joy, Love, Needs, Poor, Praise, Prayer, Righteousness, Salvation, Shame, Worship

Open It

- * 1. In what way is your life either fast paced or laid-back?
- 2. What goes through your mind when someone says to you, "Hurry up"?
- 3. What are some everyday examples of the fast-paced nature of life today?

Explore It

- 4. What attitude begins and ends this psalm? (70:1, 5)
- 5. What is the theme of this prayer? (70:1-5)
- * 6. What did David ask of the Lord? (70:1-5)
- 7. What does this prayer reveal about David's relationship with the Lord? (70:1-5)
- 8. What predicament prompted David to write this psalm? (70:2-3)
- 9. What effects of God's help are described in this passage? (70:2-4)
- 10. How did David want God to treat his adversaries in comparison to other believers? (70:2-4)
- * 11. In what specific ways did David depend on the Lord? (70:2-5)
- 12. How does this psalm describe the people whom God chooses to bless? (70:4)
- 13. How would God's deliverance of the psalm writer affect others? (70:4)
- 14. What reason did David have for praising the Lord? (70:4)
- 15. How did David feel about his ability to save himself? (70:5)
- 16. How did the psalm writer describe the Lord? (70:5)
- * 17. What did David ask God to do? (70:5)

Get It

- 18. When are you often in a hurry?
- 19. What usually motivates us to pray?
- 20. When have you felt a sense of urgency in your prayers?
- 21. What should we do whenever we panic?
- * 22. How should we pray when we feel a sense of urgency or panic?
- 23. When and how does God want us to pray?
- 24. What behavior and attitudes does this passage advise us to avoid?
- 25. According to this psalm, what should we do?
- 26. What does it mean to seek the Lord?
- 27. What can we learn from David's example of dependence on the Lord?
- 28. In what specific areas of your life do you need to depend more on the Lord?
- 29. How would you like your relationship with the Lord to be more like David's?
- * 30. About what do you feel a sense of urgency or that time is running out?
- 31. In what ways do you think you could strengthen your relationship with God?

Apply It

- * 32. What urgent or pressing matter will you bring to the Lord today?
- 33. How do you want to pray differently about your most pressing concerns?
- 34. What changes would you like to make in your prayer habits this next week?