

Psalm 13 - Psalm 13:1-6

Topics: Abandon, Answers, Assurance, Believe, Confidence, Death, Doubt, Enemies, Faith, Faithfulness, Fear, Goodness, Heart, Hope, Joy, Listening, Love, Praise, Prayer, Questions, Sickness, Sorrow, Trust

Open It

1. What emotions do you feel when you are sick at home?
2. What techniques do you use to combat discouragement when you are sick?
- * 3. In what ways have your friends or family helped you through a time of illness or discouragement?

Explore It

- * 4. What questions went through David's mind as he waited for the Lord's answer to his prayer? (13:1-2)
5. Why did David cry out to the Lord? (13:1-6)
6. Why did David question the Lord in this prayer? (13:1-6)
- * 7. What emotions did David reveal in this psalm? (13:1-6)
8. What did David ask God to do? (13:3)
9. For what reason did David want the Lord to save him? (13:4)
10. What impact did David think his death would have on his enemies? (13:4)
11. What two character traits of the Lord's encouraged David in his despair? (13:5)
12. How did David's illness affect his relationship with God? (13:5-6)
13. How did David's emotions change when he reminded himself of God's character? (13:5-6)
14. What expression of confidence concludes this poem? (13:5-6)
- * 15. How did David's memory of the past change his perspective on the present? (13:6)

Get It

16. When have you ever questioned the Lord?
17. What role should honesty play in our prayers to the Lord?
18. What negative emotions do you struggle with when you find yourself in a difficult situation?
19. How do your emotions change when you remind yourself of God's character and what He has done for you in the past?
20. How does your memory of the past change your perspective on the present and future?
- * 21. In what specific ways do you think we should follow David's example of questioning God about difficult circumstances?
22. How do difficult circumstances in your life usually affect your relationship with the Lord?
- * 23. How should life's challenges impact our Christian walk?

Apply It

24. What is one step you can take this week to protect yourself from doubt and discouragement?
- * 25. What past acts of God's goodness to you can you write down as reminders to trust Him today?