# **Life Through the Spirit - Romans 8:1-17**

Topics: Desires, Holy Spirit, Law, Sin, Spiritual Rebirth, Weaknesses

### **Open It**

- \* 1. If you were released from a three-year captivity as a hostage, what would you do during your first week of freedom?
  - 2. What impact can a good father or a bad father have on a person's life?

## **Explore It**

- 3. What is the status of a person who trusts in Jesus Christ? (8:1)
- \* 4. How is a person set free from the law of sin and death? (8:2)
  - 5. What did God do that the Law was powerless to do? (8:3-5)
  - 6. What is the difference between those who live according to their sinful nature and those who live according to the Spirit? (8:5-8)
- \* 7. How can a person know if he or she is controlled by the sinful nature or by the Spirit? (8:9)
  - 8. What promise is given to people living in the Spirit? (8:11)
  - 9. What kind of obligation do Christians have? (8:12-14)
  - 10. What happens to the person who lives according to the sinful nature? (8:13)
- \* 11. By what means can a person find life? (8:13)
  - 12. What is true of people who are led by God's Spirit? (8:14)
  - 13. What kind of spirit do God's children have? (8:15)
  - 14. What are the benefits of being a child of God? (8:15-17)

#### Get It

- 15. What feelings of condemnation and rejection may Christians feel?
- \* 16. In what ways does knowing Christ set us free?
  - 17. How does living for Christ change the desires of our heart?
  - 18. What have you seen the Spirit of God do in a person's life?
- \* 19. What does unchecked sin and selfishness produce in a person's life?
  - 20. How does seeing and experiencing God as a loving Father change your understanding of what it means to live as a Christian?
  - 21. What benefits does God give to His children?

# Apply It

- 22. What area of your life do you need to turn over to God's mighty power? How will you?
- \* 23. What changes have you been resisting in your life that you are now willing to allow your loving heavenly Father to complete?