# **God Disciplines His Sons - Hebrews 12:1-13**

*Topics:* Barriers, Discipline, Encouragement, Fruit, Holiness, Jesus Christ, Peace, Perseverance, Perspective, Righteousness, Sin, Weaknesses

#### **Open It**

- 1. What is your favorite sporting event? Why?
- 2. How were you disciplined or corrected as a child?
- \* 3. What do you think was good or bad about the way you were disciplined as a child?
  - 4. When did you endure difficult or arduous circumstances only because you knew you would later be rewarded?

## **Explore It**

- 5. What should motivate followers of Christ to live for Him? (12:1)
- 6. What kind of athletic imagery did the writer of Hebrews use in this passage? (12:1)
- 7. What warning is given to those who would run the race of the Christian life? (12:1)
- 8. What should be the focus of those who would live for Christ? (12:2)
- 9. How is Jesus described in this passage? (12:2)
- 10. What is the benefit of remembering what Christ has done? (12:3)
- \* 11. What measures does the Lord sometimes take toward those who are His "sons"? Why? (12:5-6)
- \* 12. What do we learn about God from the fact that He disciplines us? (12:6-7)
- \* 13. What sobering truth can be inferred by those who never experience the discipline of God? (12:8)
  - 14. Why does God discipline His children? (12:9-10)
  - 15. In what sense does discipline have two sides? (12:11)

#### Get It

- 16. How well are you running the Christian race?
- 17. What wrong attitudes or actions tend to stop your spiritual growth?
- 18. What do you think it means to "fix our eyes" on Jesus? (12:2)
- \* 19. What are some specific ways God disciplines us?
  - 20. How can we tell when God is disciplining us?
- \* 21. What state might your life be in if God neglected to discipline you when you went astray?
  - 22. How has God's discipline made positive changes in your life?
  - 23. Why should we not lose heart when the Lord rebukes or corrects us?

## Apply It

- 24. How can you focus your thinking on Christ this week?
- 25. How could you call on your Christian friends this week to help you persevere as a Christian?
- 26. What do you want to remember the next time God disciplines you?
- 27. What step of obedience can you take beginning today to eliminate the need for God to discipline you?