

INDIVIDUALITY

Discovering who you are meant to be

WEEK 4
K-1st

BOTTOM LINE: God wants me to see what really matters.

| Samuel 16:7

DAY 1

It's What's Inside

For this activity, you will need some help from someone else. You will need a bag, box, or some sort of container that you cannot see into. Have that person go around the house and collect some small items to put into the container. **BUT, DON'T PEEK!**

Ask them to name one item within the container for you to find. Now, close your eyes and reach your hand into the container and feel around for the object they named, without looking! When you think you found it pull it out to see if you found it! Take turns and repeat!

Just like you only had to focus on the one thing inside the container, God does the same thing. God cares about what is on the inside of us. He looks at our heart. He wants to see if we love Him and love others!

KNOW that God cares more about who we are inside than what we look like outside.

DAY 2

Look Inside

When you look at what is on the inside, you can learn some amazing things about someone that you wouldn't have known if you worried only about what's on the outside. Sit with an adult and think of someone, either in your school or neighborhood that may be a little different from you and talk about what you and this other person can talk about so you can see what's inside. Now that you have your person and what to talk about, make a plan to find them this week and get to know them better!

ASK God to show you others around you that you can get to know better on the inside.

DAY 3

Love One Another

With the help of an adult, look up this week's verse, **1 Samuel 16:7**. Read through it together a few times. Now, grab some paper and something to write with. On a piece of paper, draw a big heart, and in that heart write all the names of people that you love and people that you want to get to know! Remember to add the person that you talked about on day one. Think about how you can love all those people like God loves them this week.

LOOK for ways you can love the people this week.

DAY 4

Pray for the Inside

God loves to hear from everyone who wants to talk to Him, no matter who they are or what they look like. Take some time now and talk to God about loving people for what they look like on the inside. Pray something like this:

"Dear God, sometimes it's not easy to love everyone around me. God, help me take time to get to know people for who they are on the inside rather than what they look like on the outside. I want to see and love others like you do. I love You, God. Amen."

THANK God for being an example of how to love everyone.

Circle every person you should love by looking at their heart rather than outward appearance.

sister

PARENTS

Waitress

MAIL
CARRIER

BROTHERS

lunchroom
attendant

GARBAGE

neighbor

COLLECTOR

SMALL
GROUP
LEADER

TEACHER

DOCTOR