



## **Mexico Mission Trip Food & Supplies Needed**

The 2010 team consists of approximately 26 people, possibly more as we begin work in the villages. If possible, freeze prepared meals (if you need freezer space-please let Susie know). The team travels with a chest freezer and uses an 18 gallon roaster oven to reheat meals. Packing the freezer is more manageable if food is frozen in block form. If you would be able to supply extras with meals donations, such as, mustard, bread, salsa, butter, etc...please let us know. Thank you so much!

### **Breakfast**

(2) Cold Breakfasts (to be eaten while on the road) –

Muffins, honey buns, pop-tarts, breakfast bars, etc...

(4) Regular Breakfasts (re-heated on site) –

Eggo waffles, pre-cooked bacon, sausage, eggs, breakfast casseroles, etc...

### **Lunch**

(3) That can be prepared on the road while traveling, i.e. cold cuts, cheese, individual pkgs of chips, etc...

(4) To be prepared or put together at work site – Hot dogs, BBQ meat, Sandwich meat and cheese chips, etc...

\* estimate each team member would eat two sandwiches each per lunch meal.

### **Dinner**

(5) To be prepared / re-heated on site – Stew, Casseroles, etc...

### **Desserts**

Homemade cookies, brownies, rice krispy squares, etc..., frozen and packaged in containers that will keep them from being crushed.

### **Drinks**

Bottled water

Juice boxes/Yoo-hoos

Soft drinks cans (Sprite, Dr. Pepper, Coke, etc...)

### **Snacks for vehicles**

If possible, individual packaging. No problem if not, our high school small groups love to help ☺ There will be four vehicles traveling and the snacks will be distributed between them.

Trail mix

Orange peanut butter crackers

Snack crackers

Pretzels

Peanuts

Lance cookies

Raisins, fruit chews

Jerky

### **Other**

Lettuce, tomato for sandwiches

Fruit that can hold up in travel

Popsicles or ice cream novelties (we will be carrying a freezer)

Candy

